

Women of Sport 2026 Student Mentoring Program Kickstart Your Career in Sport

Program Overview

The Women of Sport Student Mentoring Program, delivered in partnership with **Edith Cowan University (ECU)**, SportWest and Metisphere, is a targeted career development opportunity for women, supporting ECU students in taking the first step towards a successful career in the sport and active recreation industry.

This program provides an exclusive opportunity for 10 women studying at ECU to gain industry insights, build connections, and develop professional skills through structured mentoring and tailored development activities.

What the program includes:



A 9-month mentoring partnership with an experienced industry professional.

Through tailored one-on-one sessions, you'll receive guidance, support, and insight, enabling you to overcome challenges, build your career network, and gain valuable advice to navigate your career journey.



Participation in professional development workshops that build confidence, decision-making, and communication skills.

Our Inspiring Women Series features influential speakers from diverse backgrounds who will share their stories, challenges, and successes. These workshops will inspire and motivate you to break barriers and redefine what is possible in the sports industry. These sessions will include practical group discussions to apply the learnings.



Throughout the program, you will attend several networking events to connect with fellow participants, mentors, and industry leaders. You will have opportunities to engage with role models and learn about diverse pathways in sport.

Who is it for?

This program is available to women studying at ECU in their third or final year of studies (consideration may be made for students earlier in their degree) in a sport or sport-related degree:

- Bachelor of Education (Secondary) (Health and Physical Education major)
- Bachelor of Global Sport Business Management
- Bachelor of Science (Exercise and Sports Science)
- Bachelor of Science (Exercise and Sports Science)/Bachelor of Commerce (Sport Business)
- Bachelor of Science (Exercise Science and Rehabilitation)
- Bachelor of Technology (Motorsports)

Participants will be passionate about building a career in the sports industry and committed to their personal and professional growth.

They must also be available to fully participate in all aspects of the program, which runs from March to November 2026.

Selection Process

Applications open on **Monday, 22 September 2025** and close on **Friday, 10 October 2025**.

To apply, students must complete the online application form, which includes:

- Submitting a copy of your CV
- Providing a 50-line synopsis outlining your motivation and career aspirations
- Uploading a 30-second video explaining why you should be selected

Prior to completing your online application, we strongly encourage you to read the [Application Guidance Notes](#), that can be found at the end of the document.

All applications will be reviewed by the Selection Panel and assessed against the program's selection criteria, which include:

- Academic results
- Knowledge of the industry
- Industry work experience (vacation or part-time work)
- Demonstrated commitment to the industry after graduation

Following this review process, the panel will select the 10 students who best meet the criteria. Successful applicants will be notified on **28 November 2025**.

Online Application Form

Program Schedule & Commitment

Participation in all program elements is compulsory to ensure you gain the full benefits of the experience. Where possible, online access will be provided for regional applicants to support accessibility and engagement.

Each participant and mentor will need to commit to a minimum of six to eight 1:1 meetings during the Program period (March – November 2026).

Dates will be confirmed by the end of January 2026.

Professional Development Workshops:

- 3 x Inspiring Women Series

Networking Events:

- Program Launch (March 2026)
- Midway Event and Check-in (August 2026)
- Final Celebration (November 2026)

Mentoring Program:

- 2-hour Mentee training session
- 20 minute mid-program virtual check-in consultation call
- 6-8 mentor-mentee 1:1 meetings during the program period (online or face-to-face)

Cost

Fully funded by SportWest and the Department of Creative Industries, Tourism and Sport.

Key dates

- Applications Open: **Monday, 22 September 2025**
- Applications Close: **12:00pm Friday, 10 October**
- Successful students notified: **28 November 2025**
- Program Commences: **March 2026**
- Program Concludes: **November 2026**



Who is SportWest?

SportWest is the peak industry body for sport in Western Australia.

SportWest exists to promote, strengthen and advocate for the sports community of Western Australia. We represent more than 130 members and over 5,000 sporting clubs involved in the conduct, administration, promotion and development of sport and related activities.

SportWest aims to collaborate with its members and partners to inspire West Australians through sport, enhancing the health, wellbeing, and connection within our community. We want to create an environment that enables sport to thrive and supports our members to reach their potential.

Contact us:

For further information please contact

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Who is Metisphere?

The Women of Sport Student Mentoring Program is proudly supported by Metisphere, experts in mentoring and leadership development with a deep understanding of the unique challenges facing women in sport.

With over 15 years of delivering gender-specific leadership programs and supporting more than 3,000 women, Metisphere brings invaluable insights to help you build confidence, develop leadership skills, and navigate your career journey. Together, Metisphere and SportWest have created this program for women ready to take their next step as leaders.



METISPHERE
Organisational Psychology

Application Guidance Notes

1. 50-Line Synopsis – Motivation & Career Aspirations

What to submit

Upload a maximum 50 lines (approx. 400–600 words) synopsis outlining your motivation for a career in sport and your aspirations.

What to cover (guide prompts only)

- **Why sport?** What sparked your interest, and why does this sector matter to you?
- **Career vision:** Where you see yourself in 5–10 years and the impact you want to make in WA sport.
- **Leadership & initiative:** Examples from study, volunteering, work, or community that show leadership potential.
- **Contribution to the sector:** How you aim to advance inclusion, participation, innovation and/or leadership in sport.
- **Program fit:** Why this mentoring program is the right next step, what you hope to gain, and how you will commit to fully participating in all elements of the program.

Format & naming

- PDF or DOCX, 12-pt font, clear headings encouraged.
- File name: Surname_Firstname_Synopsis.pdf (or .docx).

Your synopsis will be assessed against academic merit, leadership/community engagement, alignment with program aims, and potential for future impact.

2. 30-Second Video – Why You Should Be Selected

What to submit

Upload a video of up to **30 seconds** answering: “Why should you be selected for the Women of Sport Student Mentoring Program?”

Suggested structure (guide prompts only)

1. **Intro: Name,** degree, year of study.
2. **Your edge:** One strength or standout experience (leadership, teamwork, resilience, creativity, initiative).
3. **Career goal:** A clear goal you’re pursuing in sport.
4. **Program fit:** How this program will amplify your impact.

Technical specs

- MP4 or MOV, max 100MB, filmed on phone is fine (landscape or portrait).
- Clear audio; natural light; stable framing.
- File name: Surname_Firstname_Video.mov (or .mp4).

The panel will consider clarity, authenticity, alignment with program aims, and evidence of leadership potential and future impact (not production quality).

If you require an alternative formats to submit your application, please indicate this in your application.